

Supplementary Table 1. Evaluation of the 15-day mobile survey and repeated vocal sampling

Items	Mean (SD)	Median (IQR)
Perceived burden		
Answering to the questions disrupted my everyday life.	3.6 (1.4)	3.5 (3.0)
The questionnaires on the phone stopped me from doing my usual activities.	2.6 (1.6)	2.0 (2.5)
I found it embarrassing when the alarm sounded around other people	2.2 (1.4)	2.0 (2.0)
I enjoyed using the app	4.3 (1.8)	4.0 (2.2)
I found it stressful to use the app	2.8 (1.7)	2.5 (3.0)
My motivation to respond to the beeps decrease during the weeks	4.3 (1.8)	5.0 (1.5)
It was tiring to take part in this survey	3.5 (2.0)	4.0 (3.2)
I get irritated while filling in the survey	3.1 (1.8)	3.0 (2.5)
Performing the daily vocal tasks was stressful to me	4.2 (2.2)	4.5 (3.5)
I get irritated while performing the vocal tasks	3.9 (2.2)	4.0 (4.0)
Instructions		
I understood all the vocal tasks	5.5 (1.4)	6.0 (3.0)
Ease of use		
The questionnaires on the phone were easy to complete	5.7 (1.2)	6.0 (1.2)
At times, I had to rush to complete the questionnaires on the phone on time.	4.2 (2.1)	5.0 (2.5)
I found it easy to remember to carry the phone with me during the time of the survey	3.6 (2.2)	3.0 (4.0)
Engagement		
The “Day 0 – user guide” I received at the beginning of the survey was adequate to use the app for two weeks	5.8 (1.1)	6.0 (2.0)
I felt supported by the researchers during the survey	4.1 (1.8)	4.0 (1.2)
I filled out the questions without thinking about myself	2.7 (1.6)	2.5 (3.0)
I responded carelessly to the questions	2.7 (1.8)	2.0 (1.2)

Note: response scales ranged from 0 (Not at all) to 7 (Very much).