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# Enhanced Nonlinear Emission from Single Multilayered Metal— Dielectric Nanocavities Resonating in the Near-Infrared

Nicolò Maccaferri,<sup>#</sup> Attilio Zilli,<sup>#</sup> Tommi Isoniemi, Lavinia Ghirardini, Marzia Iarossi, Marco Finazzi, Michele Celebrano,\* and Francesco De Angelis



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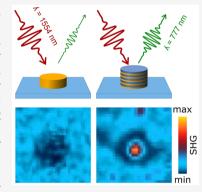
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ABSTRACT: Harmonic generation mechanisms are of great interest in nanoscience and nanotechnology, since they allow generating visible light by using near-infrared radiation, which is particularly suitable for its countless applications in bionanophotonics and optoelectronics. In this context, multilayer metal—dielectric nanocavities are widely used for light confinement and waveguiding at the nanoscale. They exhibit intense and localized resonances that can be conveniently tuned in the near-infrared and are therefore ideal for enhancing nonlinear effects in this spectral range. In this work, we experimentally investigate the nonlinear emission properties of multilayer metal—dielectric nanocavities. By engineering their absorption efficiency and exploiting their intrinsic interface-induced symmetry breaking, we achieve an almost 2 orders of magnitude higher second-harmonic generation efficiency compared to gold nanostructures featuring the same geometry and optical resonant behavior. In particular, while both the third-order nonlinear susceptibility and conversion efficiency are comparable with those of the Au nanoresonators, we estimate a second-order nonlinear susceptibility of the order of 1 pm/V, which is comparable with that of typical nonlinear



crystals. We envision that our system, which combines the advantages of both plasmonic and dielectric materials, might enable the realization of composite and multifunctional nanosystems for the efficient manipulation of nonlinear optical processes at the nanoscale.

**KEYWORDS:** metal—dielectric nanocavities, nonlinear optics, second-harmonic generation, third-harmonic generation, multilayer, near-infrared

ultilayered metal-dielectric (MMD) cavities are widely used for light confinement and guiding at the nanoscale. So far, MMD nanocavities have successfully been implemented as negative index materials, 1,2 planar waveguides, 3,4 color filters,<sup>5</sup> quantum yield enhancers,<sup>6-9</sup> and superabsorbers driving resonant gain singularities,<sup>10-12</sup> as well as for hot-electron generation,<sup>13</sup> manipulation of light scattering and absorption, 14-20 ultrafast all-optical switching, 21-23 and highly sensitive detection. 24,25 The nonlinear optical (NLO) properties of MMD systems were theoretically addressed in thin films geometries, for both second-harmonic generation (SHG)<sup>26-29</sup> and third-harmonic generation (THG).30 The main reason behind this enhanced SHG lays on the local symmetry breaking induced along the normal direction to the metaldielectric interfaces. In addition, Suresh et al. recently reported on continuous MMD thin films displaying strong Kerr nonlinearities close to their near-zero-permittivity region.<sup>31</sup> Yet, to date, an experimental study on the NLO response of isolated MMD nanostructures is missing. In this direction, it was recently demonstrated that plasmonic nanostructures on-amirror configuration and supporting cavity gap plasmons can enable multiple and simultaneous nonlinear effects,<sup>32</sup> a

property that can be used, for instance, in multiharmonic tissue imaging to increase selectivity.<sup>33</sup>

In optics, SHG and THG mechanisms are of great interest since they generate visible light from near-infrared (NIR) radiation, which is particularly suitable for applications in biophotonics and optoelectronics. The three main reasons that make MMD nanosystems and the NIR frequency range ideal for both these applications are the following: (i) radiation with a wavelength longer than 750 nm falls within the transparency window of tissues and penetrates biological matter such as blood, brain/organs, and skin; <sup>34,35</sup> (ii) dielectric materials like SiO<sub>2</sub> display an almost flat dispersion in the NIR range, allowing to design devices that introduce minimal pulse distortion; <sup>36,37</sup> (iii) Au nanostructures are biocompatible, easy to functionalize, and for a fundamental wavelength (FW) excitation in the NIR range, the absorption of the generated

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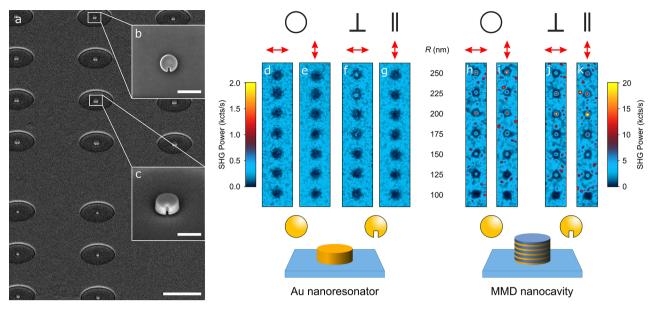


Figure 1. (a) Representative SEM images of the MMD nanocavities (scale bar 3  $\mu$ m). Top (b) and side (c) views of MMD nanocavities with nominal radii of 175 and 225 nm, respectively (scale bar in both figures is 500 nm). (d–k) SHG confocal maps of Au nanoresonators (d–g) and MMD nanocavities (h–k) using a 500  $\mu$ W average pump power (peak intensity 1 GW/cm²). Notice that the color scales differ by 1 order of magnitude. Bright spots outside the regions where the structures are located, are related to the presence of local bumps on the sample (see also Supporting Information, Figure S3).

harmonics due to interband transitions is mitigated. Furthermore, it is well known that metal nanoparticles exhibit intense and localized field enhancements associated with plasmonic resonances, which can be conveniently tuned to the NIR, making them also ideal to enable NLO labeling in biological tissues, which in general display weaker SHG and THG signals and enhanced NLO effects in optoelectronic devices.<sup>38</sup>

Because of the sizable values of  $\chi^{(3)}$  for plasmonic metals in the visible range, the THG yield can be comparatively high in plasmonic nanoparticles at visible wavelengths. Nevertheless, the THG efficiency in Au is expected to significantly drop far from interband transitions, for example, when the wavelength of the pump beam is tuned to the NIR.  $^{39-43}$  However, it was recently demonstrated that THG can still be significantly high even when pumping in the NIR because of second-order cascade effects.  $^{44}$  Unfortunately, the cubic symmetry of the Au lattice would forbid even-order nonlinear processes, such as SHG, to take place. This limitation has been recently alleviated by engineering specific nanoantennas featuring a broken-symmetry geometry, which enables the efficient exploitation of the strong nonlinear currents developing at their surface.  $^{45-49}$ 

In this work, we address the NLO properties of metal—dielectric hybrid nanosystems. The investigated platform, which can be realized also by using either chemical synthesis or bottom-up approaches, 33–55 can enhance the NLO response of the nanoantenna by engineering the absorption and scattering processes as well as exploiting the interface-induced local symmetry breaking typical of metal—dielectric multilayers. We show that MMD nanocavities provide almost 2 orders of magnitude enhancement of the SHG response compared to pure Au nanoresonators with the same geometry and displaying plasmonic resonances in the same spectral range. We also compare their SHG and THG performance when the axial symmetry is removed with a lateral cut, realizing structures similar to those described in ref 49, and show that, in our experiments, such symmetry breaking plays a

minor role compared to the pivotal effect of the multilayered structure in enhancing NLO effects.

## ■ RESULTS AND DISCUSSION

MMD nanocavities made of five layers of Au (15 nm) alternating with five layers of SiO2 (15 nm) were fabricated using gallium focused ion beam (FIB) milling (see Methods for more details) and designed to exhibit strong absorption in the NIR spectral range, as previously demonstrated in ref. [18]. The nominal radius R of the structures spans from 100 to 250 nm in steps of 25 nm. Each structure was realized in several nominally identical replicas to check the reproducibility of the NLO properties of the single nanostructures (see Figure 1a). For comparison, we fabricated also bulk Au nanoresonators with the same amount of gold as in the MMD nanocavities (thickness 75 nm) and resonating in the same spectral range (see Supporting Information Figure S1). For both MMD and bulk Au systems we fabricated an additional set of nanostructures with a radial cut, which removes the axial symmetry. The insertion of a lateral cut lifts the axial symmetry and induces a doubly resonant character in the scattering spectrum at both the FW and second harmonic (SH) wavelength. Therefore, it is expected to improve the outcoupling of the SH sources inside the nanostructure to the radiating modes. 49 Figure 1a-c shows representative scanning electron microscopy (SEM) images of the MMD nanocavities with the radial cut. The nanostructures were obtained by milling a continuous multilayered film (or bulk gold) evaporated on a glass substrate and are encircled by a trench dug into the same film, which has been used as reference.

To assess separately the effect of multilayering and of symmetry removal, we collected SHG maps on both bulk Au nanoresonators and MMD nanocavities with axial symmetry (i.e., disc shape, from now on indicated with the symbol "O") and on structures with a cut. The latter were measured for different exciting polarizations, namely, with the FW electric

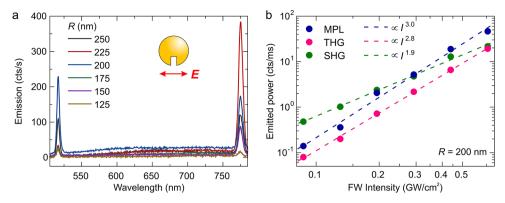


Figure 2. (a) NLO emission spectra by single cut structures of different radii as indicated in the legend. Excitation at the FW (1554 nm), " $\perp$ " configuration. (b) NLO emission as a function of power by a single cut structure of radius R = 200 nm. The signal is optically filtered using narrowband bandpass filters (center/bandwidth in nm 775/25 for SHG, 520/40 for THG) and a combination of long-pass (cut-on at 550 nm) and short-pass (cut-off at 750 nm) filters for the MPL. The dashed lines are power fits to the data, with exponents indicated in the legend.

field either parallel (" $\parallel$ " configuration) or perpendicular (" $\perp$ " configuration) to the cut.

NLO measurements were performed on single nanostructures (see Figure 1d-k) by tightly focusing a 500  $\mu$ W average pump power, which is equivalent to a peak intensity of about 1 GW/cm<sup>2</sup>, using a confocal microscope coupled to a pulsed laser at a telecom wavelength ( $\lambda = 1554$  nm). The setup, which is similar to that described in ref 44, is illustrated in more detail in the Methods section and in Supporting Information, Figure S2. While the SHG collected from Au nanoresonators (Figure 1d-g) is extremely weak, MMD nanocavities, both with (Figure 1j,k) and without the radial cut (Figure 1h,i), produce a steady SHG. In particular, in our experimental conditions, the "O" bulk Au structures do not yield any detectable SHG signal (Figure 1d,e). This is one more reason why we have also realized structures with a radial cut, which brings about a sizable SHG even in the Au nanoresonators under "L" illumination (Figure 1f). On the other hand, the SHG signal of bulk Au cut discs is not detected with our instrumentation under "||" illumination (Figure 1g).

For the MMD structures, the behavior is different: the SHG yield increases significantly also for the structures without the lateral cut (i.e., with axial symmetry) and a resonant behavior appears in the maps (see Figure 1h-k). We have estimated the SHG signal enhancement by evaluating the count rates in the maps collected on either the bulk Au or the MMD nanostructures with the radial cut under "\percut" illumination. At 500  $\mu$ W average pump power (peak intensity 1 GW/cm<sup>2</sup>), we measured a count rate of 0.6 kcts/s from the most efficient Au nanoresonator (the second from the top in Figure 1f) compared to 21 kcts/s from the most efficient MMD nanocavity (the third from the top in Figure 1j). This corresponds to an enhancement factor of about 35 for the MMD structures with respect to bulk Au structures. Under "||" illumination the count rate for the most efficient MMD is 42 kcts/s. Although the assessment of the enhancement in this configuration is prevented by the unknown SHG signal on the bulk Au structures, by assuming the signal of the homogeneous Au nanoresonators to be of the order of the noise level, we can estimate a lower bound value for the enhancement factor that is as high as 70. The same can be applied to the "O" geometry, which yields 15 kcts/s in the MMD case, but no signal for the Au nanoresonators. Concurrently, the enhancement factor induced by the layering alone, which is obtained by comparing the SHG yield from the bulk Au and MMD film

(0.5 and 6 kcts/s, respectively), is about 10. We thus ascribe the enhancement to the combination of two main mechanisms: (i) the appearance of a narrow absorption peak at the fundamental wavelength typical of these MMD nanocavities<sup>18</sup> (see also Supporting Information, Figure S1) and (ii) the local inversion symmetry-breaking at the metal-dielectric interfaces. Therefore, we conclude that shaping the MMD into resonant nanoparticles allows one to further boost the enhancement by over a factor of 3 while considerably reducing the material fingerprint. Although the presence of the radial cut in the MMD structure introduces a further symmetry breaking in the axial symmetry, it does not provide a significant enhancement of the SHG with respect to multilayered "O" shaped nanostructures. This is attributed to the Au-SiO<sub>2</sub> layering, which dominates over the effects induced by the axial symmetry breaking and the field enhancement in the cut.

By resolving the NLO emission spectrum of the individual nanocavities of different radii in the visible range (see Figure 2a), it is possible to observe, in addition to the strong SHG peak at 777 nm, a THG peak at 518 nm, as well as a sizable and spectrally broad multiphoton photoluminescence (MPL) band typical of Au. 56,57 The emission spectra in the "O" and "||" cases exhibit similar features (see Supporting Information, Figure S4). To complete the characterization of the NLO behavior, we recorded the power dependence of SHG, THG, and MPL from a resonant nanostructure (R = 200 nm, " $\perp$ " case, Figure 2b) reported in Figure 2a, singling out each NLO emission signal by spectral filtering. The incident intensity on the sample, I, was varied by almost an order of magnitude, and the emitted power P fitted by a power function  $P = \cos t I^{\alpha}$ . While the power coefficients  $\alpha = 1.9$  and 2.8 closely match the quadratic and cubic dependence expected for SHG and THG, respectively, the power coefficient determined for MPL is  $\alpha$  = 3.0, indicating a three-photon absorption process. 58,59 This small discrepancy is within the experimental uncertainties associated with characterizations of single particle NLO properties, which can be attributed to residual background that might affect more the measurements at lower powers, hence, decreasing the slope.

Considering the SHG and THG emission by the most efficient MMD nanocavity in the experiment (i.e., R = 200 nm) and accounting for the optical losses in the detection path to retrieve the emitted power, we experimentally estimate the following effective values of the second- and third-order nonlinear susceptibilities,  $\chi^{(2)}_{\text{eff}}$  and  $\chi^{(3)}_{\text{eff}}$  (see Supporting

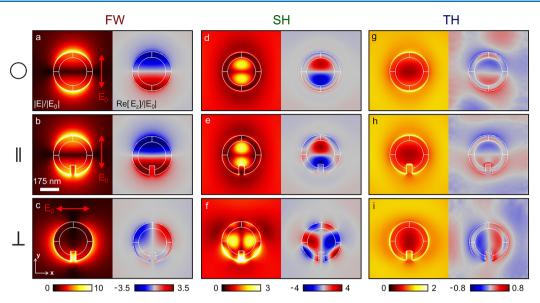


Figure 3. Simulated in-plane near field profiles of a MMD nanocavity with R = 175 nm. Panels (a), (b), and (c) are the computed near fields at the FW (1554 nm) for the  $\bigcirc$ ,  $\parallel$ , and  $\bot$  cases. Panels (d), (e), and (f) are the computed near-fields at the SH (777 nm) for the  $\bigcirc$ ,  $\parallel$ , and  $\bot$  cases. Panels (g), (h), and (f) are the computed near fields at the TH (518 nm) for the  $\bigcirc$ ,  $\parallel$ , and  $\bot$  cases. In each panel, the figures on the left show the electric field amplitude normalized to the incident plane wave amplitude  $|E_0|$ , while the figures on the right show the real part of the z-component of the electric field amplitude normalized to the incident plane wave amplitude  $|E_0|$ .

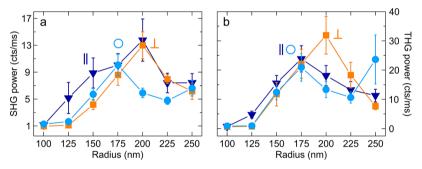


Figure 4. SHG (a) and THG (b) power (most intense pixel of the confocal image of the structure) of the MMD nanocavities. Each plotted point is the mean measured over 10 nominally identical replicas, and the error bars correspond to the standard error of the mean values. The signals are collected using an illumination average power of about 500  $\mu$ W (peak intensity 1 GW/cm<sup>2</sup>).

Information, Note 1):  $\chi^{(3)}_{\rm eff} \approx 10^{-20} \ {\rm m}^2/{\rm V}^2$ , in line with THG measurements on Au in this wavelength range, <sup>42</sup> and  $\chi^{(2)}_{\rm eff} \approx 1.5 \ {\rm pm/V}$ , which is comparable to some widely employed second-order upconverting nonlinear crystals, such as potassium dideuterium phosphate (KDP). <sup>60</sup> Moreover, we found for the best MMD nanocavity a conversion efficiency  $\eta_{\rm SHG} = \frac{p_{\rm SHG}^{\rm out}}{p_{\rm FW}^{\rm in}} \cong 6 \times 10^{-10}$ , whereas for the best gold nanoresonator measured in the same experiment  $\eta_{\rm SHG}$  is of the order  $10^{-11}$ . For THG, we found  $\eta_{\rm THG} = \frac{p_{\rm THG}^{\rm out}}{p_{\rm FW}^{\rm in}} \cong 1.8 \times 10^{-10}$ , which is comparable to that of gold.

To gain further insight into the optical properties of the MMD nanocavities studied in this work, we simulated numerically their near-field response using the finite element method (see Methods for additional details). Figure 3 shows the simulated enhancement of the electric field amplitude  $|E/E_0|$  at the FW, SH, and third-harmonic (TH) wavelength by a single nanocavity with R=175 nm, which corresponds to the most efficient "O" structure. Following the nanostructure design, the largest enhancement is observed at the FW, whose field contributes quadratically to the SHG process and cubically to the THG one. 61 This enhancement is associated

with the onset of an absorption peak, typical of these MMD systems at telecom wavelengths (see also Supporting Information, Figure S1). The field is mostly localized in the dielectric layers at the SH wavelength, and SHG is expected to occur mostly at the Au–SiO<sub>2</sub> interface, where the inversion symmetry of the two materials is broken. Conversely, at the TH wavelength the field is mostly confined outside the structure and at the metal surface, which has the highest  $\chi^{(3)}$  and generates most of the TH emission.

The spatial distribution of the mode excited at the FW is governed by a bonding dipolar resonance, as previously demonstrated in ref 18. Notably, the presence of a cut inducing the in-plane symmetry breaking makes little difference with respect to the "O" case (Figure 3a) under "||" illumination (Figure 3b). Apart from a slight variation of the field distribution, this also holds true at the SH and TH wavelengths for both "O" (Figure 3d,g) and || (Figure 3e,h) cases. On the contrary, the symmetry breaking significantly modifies the spatial field distribution under "L" illumination at the FW (Figure 3c), SH (Figure 3f), and TH (Figure 3i) wavelength. In particular, strong light confinement occurs at the cut edges at the SH wavelength (Figure 3f). This analysis

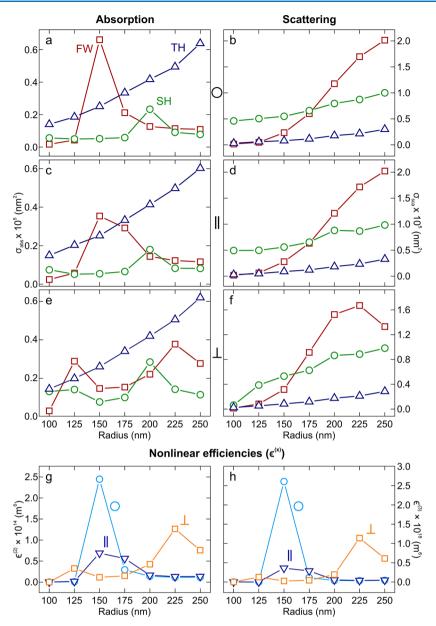


Figure 5. Calculated absorption (left) and scattering (right) cross sections for the "O" (a, b), "||" (c, d) and " $\bot$ " (e, f) cases, as a function of the structure radius at the FW (brown curves), SH (green curves) and TH (blue curves). Calculated (g) efficiencies  $\epsilon^{(2)}$  and (h)  $\epsilon^{(3)}$  as a function of the nanocavity radius.

predicts a similar NLO response in the "O" and " $\parallel$ " cases, while some differences are expected for the " $\perp$ " case.

To evaluate the effect of the geometry, we performed a systematic study of the NLO response of the individual MMD nanocavities with radius increasing from 100 to 250 nm in steps of 25 nm. The measured SHG and THG powers, averaged over 10 nominally identical replicas of each structure, are reported in Figure 4a and b, respectively, for all structures and excitation configurations. In Figure 4a,b, the sizable error bars, representing the standard error of the mean, likely reflect the role of random defects introduced by the nanofabrication process, such as roughness in the thin films due to electron-beam deposition and radiation damage induced by the gallium beam.

In the "O" structure, the NLO emission response is similar for both SHG and THG with a maximum obtained for a radius of 175 nm, indicating that the emission is dominated by the

resonant behavior at the FW. The cut nanostructures exhibit a more complex behavior. The SHG signal under both  $\parallel$  and  $\perp$  illumination features a maximum shifted toward longer radii (200 nm). Conversely, the THG peak for the " $\parallel$ " case is found for the same radius (175 nm) as the "O" case, in agreement with the similar spatial distribution of the calculated near-field distributions in Figure 3. Conversely, the THG emission under  $\perp$  illumination peaks for the same radius (200 nm) that maximizes its SHG signal. The perfect match between the SHG peaks of the " $\parallel$ " and " $\perp$ " cases at R=200 nm is a clear indication that SHG does not depend on the localized fields in the cut or on the consequent axial symmetry breaking. On the other hand, the shoulder in the SHG response for shorter radii in the  $\parallel$  configuration is unexpected and could be related to local random defects of the nanostructured MMDs.

To better assess the mechanisms underpinning SHG and THG, we numerically computed the scattering and absorption

cross sections  $\sigma_{\rm sca}$  and  $\sigma_{\rm abs}$ , at the FW, SH, and TH wavelengths for all the nanostructure cases (Figure 5a–f). By inspecting the radius dependence of  $\sigma_{\rm sca}$  and  $\sigma_{\rm abs}$  at the FW, the "O" and " $\parallel$ " cases (red curves in Figure 5a,b and Figure 5c,d, respectively) share a similar trend, whereas in the " $\perp$ " case (red curves in Figure 5e,f) we observe a different behavior, as expected also from the near-field simulations. In particular, both  $\sigma_{\rm abs}$  and  $\sigma_{\rm sca}$  peak at R=225 nm, and this could explain the shift of both the SHG and THG peak efficiencies toward larger R values with respect to the "O" case.

A simple approach to model the nonlinear emission from these structures, ultimately based on the Miller's rule, 62,63 is to combine the calculated radius-dependent linear cross sections (Figure 5a-f) into the NLO coefficients  $e^{(2)} \equiv \sigma_{\rm abs}(\omega)^2 \sigma_{\rm sca}(2\omega)$  and  $e^{(3)} \equiv \sigma_{\rm abs}(\omega)^3 \sigma_{\rm sca}(3\omega)$ , assuming that the NLO process is governed by absorption at the FW wavelength and by scattering at the harmonic emission wavelength (Figure 5g,h). These coefficients account for the coupling strength between the antenna and the radiation at the excitation and emission wavelengths. This description of the process does not consider the spatial overlap between the fields<sup>47</sup> at the two wavelengths of interest (which can be qualitatively assessed from Figure 3) and the relative polarization enabled by the selection rules for the NLO processes. The measured NLO emission trends in Figure 4a,b are in qualitative agreement with the computed nonlinear coefficients (see Figure 5g,h). In particular, these coefficients allow to reproduce the experimental trend of THG in all the configurations, also predicting the shift of THG toward larger radii introduced by the cut for "\percent" illumination. Moreover, by comparing Figure 4b with Figure 5h, it is evident that, despite small shifts and some broadening in the experimental results, the trend of  $\epsilon^{(3)}$  mirrors the absorption resonances at the FW (see also Figure 5a,c,e). This demonstrate that the intuitive model adopted is effective in reproducing the nonlinear processes based on dipole-allowed transitions such as THG, that is, for a diagonal nonlinear susceptibility tensor. Contrariwise, while the SH emission is well reproduced for both the "○" and "⊥" case, revealing the major role played by the resonance at the FW like in the THG, the model (see Figure 5g) fails to fully grasp the behavior of the SHG for the "||" case (see Figure 4a). To this aim, we have evaluated surface overlap integrals between the FW and SH fields for all the configurations, after taking into account (i) the selection rules for the SHG process according to symmetry, 64 and (ii) the surface character of the process.

However, this model refinement does not yield a better agreement with the experimental data than the one provided by the NLO coefficient estimated above. We ascribed this inconsistency to the fact that in SHG the colocalization and copolarization of the electric fields at the FW and SH becomes more relevant within the structure at the interfaces between the multilayers, rather than within the cut (see Figure 3b,e). This mechanism, which cannot be easily included in our model and, possibly, even into a more refined nonlinear model, can be underpinned by surface roughness at the interfaces between layers, while the removal of the axial symmetry reduces the destructive interference of the SH radiation in the far field.<sup>47</sup>

# CONCLUSION

We reported efficient second- and third-harmonic emission from multilayered metal—dielectric nanocavities, where the absorption at the fundamental wavelength is enhanced by tailoring the geometry of the structures. We proved that the presence of multiple metal-dielectric interfaces, rather than the breaking of the axial-symmetry of the nanocavities, boosts the NLO generation. As a result, the NLO response is largely independent from the exciting polarization, confirming the results reported in ref 19. Noticeably, we found that in our experimental conditions the second-harmonic emission is almost 2 orders of magnitude larger than that of pure Au nanostructures with the same geometry and optical resonant behavior. We underline that these structures can be fabricated on a large scale by using hole-mask colloidal lithography also to achieve complicated structures 18,53-55,65 and detached from the substrate. Although, out of the scope of this work, we foresee that these structures can be used as nonlinear probes in biological systems, where it is fundamental to control the emission of visible light from objects that resonate in the NIR spectral range and are located deep in the tissue. In this context, the choice of materials is important to provide high values of  $\chi^{(2)}$  and  $\chi^{(3)}$ . We have found that our nonlinear susceptibilities are of the same order of magnitude as common nonlinear optical crystals, such as KDP. Other materials, such as lithium niobate (LiNbO<sub>3</sub>), potassium dihydrogen phosphate (KH<sub>2</sub>PO<sub>4</sub>), barium titanate (BaTiO<sub>3</sub>), and bismuth ferrite (BiFeO<sub>3</sub>), though having higher  $\chi^{(2)}$  values, are not well-suited for in vivo imaging due to their cytotoxicity. 66,67 On the contrary, Au nanoparticles and dielectric materials such as SiO<sub>2</sub> are widely used in nanomedicine thanks to their biocompatibility. 68 Thus, our approach is a first step toward merging the advantages of biocompatible plasmonic materials with those offered by the emerging field of soft polymers<sup>69</sup> by realizing composite and multifunctional nanosystems. Finally, a very exciting perspective for these multilayered architectures would be to combine their nonlinear optical properties with those of layered materials.<sup>22,70</sup> A step toward this direction has been already taken by some groups, for instance, by coupling multilayered metal-dielectric nanocavities with quantum emitters or WS<sub>2</sub> monolayers.

### METHODS

**Sample Fabrication.** The multilayers were deposited on a glass substrate via electron-beam evaporation (Kurt J. Lesker PVD75). The 1 mm thick glass slide was cleaned with acetone, isopropanol, and oxygen plasma. The layers were deposited sequentially, starting with 15 nm of Au and continuing with 15 nm of SiO<sub>2</sub> for five layers of each, and capped with an additional protective layer of 50 nm SiO<sub>2</sub>. The pillar structures were created with focused ion beam milling using a gallium beam (FEI Helios NanoLab 650 dual beam system) at 24 pA, milling down to the glass surface around each pillar. The empty milled area around each structure was a circle 3  $\mu m$  in diameter, and the required milling time was 6 min per structure. The pillars have a radius varying from 100 to 250 nm in steps of 25 nm, and the variant with cuts has nominally 50 nm wide, half-radius long radial cuts. The control samples were fabricated by depositing 75 nm of Au, namely, the same amount as for the multilayers, followed by a top layer of 50 nm of SiO<sub>2</sub>, and then, realizing disks with FIB in a similar way as described for the MMD disks. The structures were imaged with scanning electron microscopy in the same system after milling.

**Numerical Simulations.** Calculations using the finite element method have been performed using Comsol Multiphysics, a commercial solver. The refractive index values of

gold and  $SiO_2$  have been taken from literature. <sup>36,72</sup> To simulate the optical properties of MMD nanocavities we have considered a simulation region (2  $\mu$ m × 2  $\mu$ m × 4  $\mu$ m), where we specified the exciting ("background") electric field (a linearly polarized plane wave, intensity of the incident light  $I_0$  = 1 GW/cm<sup>2</sup>), and then we calculated the scattered field by a single nanocavity to extract observables such as the optical absorption and scattering cross sections, by using the procedure reported in this example from Comsol.<sup>73</sup> The scattering cross-section is defined as  $\sigma_{\text{sca}} = \frac{1}{I_0} \iint (\mathbf{n} \cdot \mathbf{S}) dS$ , where n is the unit vector normal to the integration surface pointing outward and S is the Poynting vector. The integral is taken over the closed surface of the meta-antenna. The absorption cross section equals  $\sigma_{abs} = \frac{1}{I_0} \iiint Q \, dV$ , where Q is the resistive power loss density of the system and the integral is taken over the volume of the nanocavity.

Nonlinear Optical Experiments. The nonlinear optical measurements were performed on single nanostructures using a confocal microscope coupled with a laser delivering ultrafast pulses ( $\Delta \tau_{\text{pulse}} = 160 \text{ fs}$ ,  $f_{\text{rep}} = 80 \text{ MHz}$ ) centered at 1554 nm. The pump beam is focused using a 0.85 NA air objective, which produces a 2.2  $\mu$ m beam diameter. All the experiments except the power-dependence study (Figure 2b) were performed with 500 µW average pump power at the sample (peak intensity 1 GW/cm<sup>2</sup>). The nonlinear emission is then collected and sent either to a single-photon avalanche diode (SPAD) detector or to a spectrometer (Andor, Shamrock SR303i) equipped with a CCD camera (Andor, iKon-M DU934P-BV) to acquire the emission spectrum. The power curves of SHG, THG, and MPL reported in Figure 2b were obtained by singling out each nonlinear emission signal by spectral filtering and detecting through the SPAD detector.

## ASSOCIATED CONTENT

## Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsphotonics.0c01500.

Calculated scattering and absorption cross sections of MMD nanocavities and bulk Au nanoresonators. Sketch of the nonlinear microscope used in the experiments. SEM and dark field images of a typical region of the MMD sample. Emission spectra recorded for "O" and "II" MMD nanocavities for different radii. Real part of the z-component of the electric field at the fundamental, SH and TH wavelength for different MMD nanocavity radii. Note on the estimation of the SHG and THG conversion efficiencies, nonlinear coefficients, and nonlinear susceptibilities (PDF)

## AUTHOR INFORMATION

## **Corresponding Author**

Michele Celebrano — Department of Physics, Politecnico di Milano, I-20133 Milano, Italy; o orcid.org/0000-0003-3336-3580; Email: michele.celebrano@polimi.it

# Authors

Nicolò Maccaferri — Department of Physics and Materials Science, University of Luxembourg, L-1511 Luxembourg, Luxembourg; Ocid.org/0000-0002-0143-1510 Attilio Zilli — Department of Physics, Politecnico di Milano, I-20133 Milano, Italy; Ocid.org/0000-0003-1845-6850 Tommi Isoniemi — Department of Physics and Astronomy, University of Sheffield, Sheffield S3 7RH, United Kingdom; Istituto Italiano di Tecnologia, I-16163 Genova, Italy; orcid.org/0000-0003-0238-1006

Lavinia Ghirardini — Department of Physics, Politecnico di Milano, I-20133 Milano, Italy

Marzia Iarossi – Istituto Italiano di Tecnologia, I-16163 Genova, Italy; Dipartimento di Informatica, Bioingegneria, Robotica e Ingegneria dei Sistemi (DIBRIS), Università degli Studi di Genova, I-16126 Genova, Italy

Marco Finazzi — Department of Physics, Politecnico di Milano, I-20133 Milano, Italy; orcid.org/0000-0002-9197-3654
Francesco De Angelis — Istituto Italiano di Tecnologia, I-16163 Genova, Italy; orcid.org/0000-0001-6053-2488

Complete contact information is available at: https://pubs.acs.org/10.1021/acsphotonics.0c01500

#### **Author Contributions**

\*N.M. and A.Z. contributed equally to this work. N.M. and M.C. conceived the study. N.M. designed the structures and performed the calculations with inputs from A.Z., M.F., and M.C. A.Z., L.G., and M.C. designed the experiments and performed the nonlinear optical response characterization. N.M., A.Z., M.F., and M.C. analyzed the data, interpreted the results, and wrote the manuscript. T.I., M.I., and F.D.A. fabricated and imaged the samples and participated in the general discussion.

#### **Notes**

The authors declare no competing financial interest.

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