## Calculation of the pitch with the Cano method

When using a lens of radius R on top of a flat substrate, both inducing uniform planar alignment, the pitch of the cholesteric liquid crystal can be calculated from the radii $r$ of the circular defects according to the following equation, which can be determined from geometrical considerations:

$$
\frac{p}{2}=\sqrt{R^{2}-r_{n}^{2}}-\sqrt{R^{2}-r_{n+1}^{2}}
$$

| $r_{n} / \mu \mathrm{m}$ | $\sqrt{R^{2}-r_{n}^{2}}$ | $p / \mathrm{nm}$ |
| :--- | :--- | :--- |
| 139 | 22999,581 | 360 |
| 166 | 22999,401 | 342 |
| 188 | 22999,229 | 307 |
| 206 | 22999,076 | 347 |
| 225 | 22998,902 |  |



## Calculation of the wavelength reflected by the $\mathbf{N}^{*}$ phase confined in cylindrical fibres

When confined inside a cylindrical fibre according to the geometry in Fig. 8c the cholesteric liquid crystal must adapt its helical director modulation to fit the cylinder diameter $d$, in the sense that an integer number of full helix turns (pitches $p$ ) fit in the cylinder, i.e.
$d=n p$
where $n$ is an integer. This relation is fulfilled by the natural pitch $p_{0}$ of the helix only in exceptional cases, hence the helix will be either compressed or expanded to fulfil (1) with a value of the pitch $p$ that is as close to $p_{0}$ as possible.

Under these constraints, the effective number of helix turns $i$ for a given natural pitch $p_{0}$ and a given cylinder diameter $d$ can be calculated as:

$$
\begin{equation*}
\mathrm{i}:=\operatorname{Floor}\left(\left(\mathrm{d}+\mathrm{p}_{0} / 2\right) / \mathrm{p}_{0}\right) ; \tag{2}
\end{equation*}
$$

Note that for $d<p_{0} / 2$ the helix is assumed to be unwound, yielding $i=0$ in (2). For $d \geq p_{0} / 2$ the effective pitch is thus $p=d / i$ with $i$ calculated according to (2), yielding selective reflection for light with a wavelength $d / i$ in the liquid crystal medium. We finally achieve the reflected wavelength in air (its refractive index approximated as 1 ) by multiplying this wavelength by the average refractive index of our cholesteric liquid crystal, $\lambda=n_{N^{*}} d / i$, where $n_{\mathrm{N}^{*}}$ has been determined experimentally (see above) to be about 1.36 .

The full functions for obtaining Figures 10 and 11, written in the script language (resembling Pascal) of the plotting and fitting software Pro Fit (Quantumsoft), are included below.

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function ConstrainedPitch;
defaults
$a[1]:=340$, active,'p_0',1, INF;
$a[2]:=1.36$, active, 'n',1,2;
var NumberOfPitches: integer;
NaturalPitch, d, RefIndex: real;
begin
d:=x;
NaturalPitch:=a[1];
RefIndex:=a[2];
NumberOfPitches:= Floor((d+NaturalPitch/2) / NaturalPitch);
if NumberOfPitches>0 then $y:=$ RefIndex*d/NumberOfPitches;
end;
function ConstrainedPitchFixd;
defaults
$a[1]:=500$, active,' ${ }^{\prime}$ ',1, INF;
$a[2]:=1.5$, active, 'n',1,10;
var NumberOfPitches: integer;
NaturalPitch, d, RefIndex: real;
begin
NaturalPitch:=x;
$d:=a[1]$;
RefIndex:=a[2];
NumberOfPitches:= Floor((d+NaturalPitch/2) / NaturalPitch);
if NumberOfPitches>0 then $y:=$ RefIndex*d/NumberOfPitches;
end;

