Ciliary Neurotrophic Factor Cell-Based Delivery Prevents Synaptic Impairment and Improves Memory in Mouse Models of Alzheimer’s Disease

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The development of novel therapeutic strategies for Alzheimer’s disease (AD) represents one of the biggest unmet medical needs today. Application of neurotrophic factors able to modulate neuronal survival and synaptic connectivity is a promising therapeutic approach for AD. We aimed to determine whether the loco-regional delivery of ciliary neurotrophic factor (CNTF) could prevent amyloid-β (Aβ) oligomer-induced synaptic damages and associated cognitive impairments that typify AD. To ensure long-term administration of CNTF in the brain, we used recombinant cells secreting CNTF encapsulated in alginate polymers. The implantation of these bioreactors in the brain of Aβ oligomer-infused mice led to a continuous secretion of recombinant CNTF and was associated with the robust improvement of cognitive performances. Most importantly, CNTF led to full recovery of cognitive functions associated with the stabilization of synaptic protein levels in the Tg2576 AD mouse model. In vitro as well as in vivo, CNTF activated a Janus kinase/signal transducer and activator of transcription-mediated survival pathway that prevented synaptic and neuronal degeneration. These preclinical studies suggest that CNTF and/or CNTF receptor-associated pathways may have AD-modifying activity through protection against progressive Aβ-related memory deficits. Our data also encourage additional exploration of ex vivo gene transfer for the prevention and/or treatment of AD.

Introduction

The progressive impairment of short-term memory and emotional disturbances that typify Alzheimer’s disease (AD) results from synaptic dysfunction and death of neurons in the hippocampus and associated regions of the cerebral cortex and limbic system (Selkoe, 2002; Scheff et al., 2007). These abnormalities are believed to result from interactions of soluble amyloid-β (Aβ) oligomers with synaptic plasma membranes (Walsh et al., 2002; Sponne et al., 2003; Lacor et al., 2004; Kokubo et al., 2005). Consequently, several of the current therapeutic strategies specifically address the amyloid pathology in AD brain (Klafki et al., 2006). These approaches have been designed to decrease the production of Aβ by the use of so-called specific secretase inhibitors, whereas others attempt to induce Aβ clearance using Aβ immunotherapy (Selkoe, 2004). It is noteworthy that all of these approaches aim primarily toward reducing Aβ peptide levels in the brain. However, although no physiological function has been ascribed to the Aβ monomer itself, marked or complete depletion of monomers could result in side effects (Puzzo et al., 2008). In addition, these strategies do not rescue neurons already compromised by Aβ-induced stress responses. There is therefore an urgent need to develop strategies able to interfere with disease progression to halt ongoing cognitive decline.

The major role of neurotrophic factors (NTFs) in synapse function (Vicario-Abejon et al., 2002) along with evidence that synaptic failure is a critical early event in AD (Selkoe, 2002) has put NTFs at the forefront of neuroprotective strategies for AD (Blesch, 2006). Recent studies suggest that changes in NTF homeostasis may contribute to neuronal degeneration in AD (Twiss et al., 2006). Nerve growth factor and brain-derived neurotrophic factor improve memory in AD models (Tuszynski, 2007). However, the application of NTFs as therapeutic agents for AD faces limitations, including limited blood–brain barrier permeability (Allen and Dawbarn, 2006). To overcome these problems, NTFs can be delivered directly to the brain by implantation of cells engineered to produce NTFs (Tuszynski et al., 2002). To prevent...
an inflammatory reaction in the brain or the destruction of the transplanted cells by immune cells, the producer cells can be encapsulated in various encapsulation devices. This strategy has been successfully developed in different experimental models of brain diseases, such as Huntington disease (Emerich et al., 1996), Parkinson disease (Frim et al., 1994), AD (Tuszynski et al., 1998), and brain tumors (Read et al., 2001).

Ciliary neurotrophic factor (CNTF) belongs to the interleukin-6 family of cytokines and is known for its neuroprotective effects, being a survival factor for sympathetic, sensory, and hippocampal neurons. Although CNTF protects neurons from degeneration arising from multiple etiologies (Duff and Baile, 2003; Sieving et al., 2006), it has not been evaluated in preclinical studies in the context of AD pathology (Emerich and Thanos, 2006). Here, we show that CNTF continuously delivered from microcapsule containing engineered CNTF cells implanted in the brain of two AD mouse models prevents Aβ oligomer-induced neuronal damage and neurobehavioral impairments. We further show that CNTF action requires the Janus kinase/signal transducer and activator of transcription (JAK/STAT) and phosphatidylinositol 3-kinase (PI3K) signaling pathways.

Materials and Methods

Recombinant cell production and alginate bead encapsulation

The C2C12 myoblast cell line (kindly provided by P. Aeberisier, Lausanne, Switzerland) stably expressing human CNTF (hCNTF) was grown in DMEM supplemented with 10% fetal calf serum (FCS), 100 U/ml penicillin plus 100 U/ml streptomycin (1× PS), 2 mM glutamine (Gln), and 1× nonessential amino acids (NEAA). To allow direct visualization of the capsules in vitro and in vivo, both the control and the CNTF-producing cells lines were genetically engineered by lentiviral vector transduction to express the fluorescent marker protein enhanced green fluorescent protein (eGFP). For encapsulation in alginate, the producing cells were harvested, counted, and mixed into a 2% sodium alginate (ultrapure, low viscosity, high guluronic acid content; PRONOVA UP), 0.1M CaCl2 in 0.9% NaCl with 10 mM MOPS, pH 7.4. After precipitation, alginate beads were generated with an electrostatic bead generator (Read et al., 2001). To obtain small-sized beads (100–200 μm), sharpened nozzles with a diameter of 0.17 mm were used (Nisco Engineering). The gelling bath was composed of 0.1M CaCl2 in 0.9% NaCl with 10 mM MOPS, pH 7.4. After encapsulation, beads containing 500–1000 C2C12 cells were washed and kept in culture medium (CM) until use. CNTF secretion from the beads was verified by immunoblot analysis and ELISA.

Primary cell cultures and treatments

Primary cultures of C57BL/6 mouse neurons were prepared as described previously (Sonne et al., 2003; Fifre et al., 2006). Neurons were treated at 8–10 d in vitro (DIV) with increasing concentrations of soluble Aβ oligomers for the indicated times. Alternatively, cells were preincubated for 2 h under the indicated conditions before addition of Aβ oligomers. Aβ1-40 and Aβ1-42 were obtained from Bachem, and soluble oligomers of Aβ were prepared as described previously (Pillot et al., 1999; Fifre et al., 2006; Youssef et al., 2008). Oligomeric preparations of Aβ resolve to monomers, trimers, and tetramers (15–20 kDa) after SDS-PAGE, as described previously (Dahlgren et al., 2002; Malaplate-Armand et al., 2006; Puzzo et al., 2006; Youssef et al., 2008). Unless otherwise indicated, materials used for cell culture were obtained from Invitrogen.

Neuronal viability and monitoring of apoptosis

Cell viability was assessed using the release of lactate dehydrogenase and the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assays as described previously (Kriem et al., 2005; Youssef et al., 2008). Alternatively, cell viability was monitored using a LIVE/DEAD Viability/Cytotoxicity kit (Invitrogen) according to the recommendations of the manufacturer. Cell nuclei were visualized using 4,6-diamidino-2-phenylindole (DAPI) (Sonne et al., 2003). To evaluate the percentage of apoptotic cells, 14 independent fields from four wells were analyzed (>1000 cells per group). Caspase activities were measured by following the cleavage of the substrates Ac-DEVD-AMC (7-amino-4-methylcoumarin, N-acetyl-L-aspartyl-L-glutamyl-L-lysyl-L-aspartic acid amide) and Ac-LEHD-AMC (acetyl-Leu-Glu-His-Asp-7-amino-4-methylcoumarin) using previously described procedures (Sonne et al., 2003). Fifty micrograms of cellular proteins were incubated for 2 h with 100 μM caspase substrates from a stock solution of 10 mM in DMSO. The cleavage of the caspase substrates was monitored by fluorescence emission at 460 nm after excitation at 360 nm, using a Fluorostar microplate reader (BMG-Labtechnologies).

Immunohistochemistry

Mouse primary neurons cultured under different conditions were washed with ice-cold PBS. Cells were then solubilized in a 25 mM Tris-HCl, pH 7.4, lysis buffer containing 150 mM NaCl, 1 mM EDTA, 1% (w/v) sodium deoxycholate, 1% (w/v) Nonidet P-40, 0.1% (w/v) SDS, and protease inhibitors (Complete; Roche). After homogenization, collected cells were then lysed using three cycles of freezing and thawing and finally centrifuged at 4°C for 10 min at 10,000 × g. Protein concentration in the supernatant was determined by BCA Protein Assay kit (Interchim). Samples (10 μg) were mixed with an equal volume of 2× Laemli’s buffer, denatured by heating the mixture for 5 min at 100°C.

Synaptosomal membrane fractions were prepared as described previously (Keller et al., 1997). Briefly, brain regions were dissected and rapidly homogenized in ice-cold 10 mM Tris buffer, pH 7.4, containing 0.32 mM sucrose, 2 mM EDTA, 10 μg/ml sodium orthovanadate, and protease inhibitors (1 mM phenylmethylsulfonyl fluoride, 10 μg/ml leupeptin, 10 μg/ml pepstatin, and 5 μg/ml aprotinin). The homogenate was spun at 1000 × g for 15 min to remove nuclei and cell debris. The resulting supernatant was centrifuged at 12,000 × g for 20 min to obtain the synaptosomal preparation.

Samples (conditioned medium from C2C12 cell capsules, cell extracts, or synaptosomes) were then subjected to SDS-PAGE and immunoblotting. The following antibodies were used: CNTF (1:500 dilution; Sigma); MAP2 (1:500 dilution; Santa Cruz Biotechnology); calpain regulatory subunit (1:500 dilution; Santa Cruz Biotechnology); caspase-3 (1:500 dilution; Santa Cruz Biotechnology); actin (1:1000 dilution, C-11 antibody; Santa Cruz Biotechnology); Akt and phosphorylated (P) Akt (Ser473) (1:1000 dilution; Cell Signaling Technology); P-cAMP response element-binding protein (CREB)(Ser133) (1:500 dilution; Cell Signaling Technology); GluR1 and GluR2/3 (1:500 dilution; Millipore Bioscience Research Reagents); STAT3 and P-STAT3(Tyr705) (1:500 dilution; Santa Cruz Biotechnology); IAK-1 and P-IAK-1(Y1022) (1:500 dilution; Santa Cruz Biotechnology); PSD95 (1:500 dilution; Cell Signaling Technology); amyloid precursor protein (APP) (1:1000 dilution, 22C11 antibody; Millipore Corporation); β-tubulin (1:1000 dilution; Santa Cruz Biotechnology); synapsin (1:1000 dilution; Millipore Corporation); SNAP25 (1:2000 dilution; Santa Cruz Biotechnology); synaptotagmin (1:1000 dilution; Calbiochem); stargazin (1:500 dilution; Cell Signaling Technology); and synaptophysin (1:500 dilution; Millipore Bioscience Research Reagents). ImmunobLOTS were probed with the corresponding horseradish peroxidase-conjugated preadsorbed secondary antibodies (1:2000 dilution; Cell Signaling Technology) and detected using the enhanced chemiluminescence protocol (ECL kit; GE Healthcare). The QUANTITY ONE software, associated with VersaDoc Imaging System (model 1000; Bio-Rad), was used to quantify the protein signals.

Immunocytochemistry

After treatment, neurons were fixed in PBS containing 4% (w/v) paraformaldehyde for 30 min at room temperature. The cells were permeabilized with PBS containing 3% (w/v) BSA and 0.1% (v/v) Triton X-100 for 30 min at room temperature and then incubated successively with an anti-MAP2 antibody (1:500 dilution) and an Alexa Fluor 488 donkey anti-goat antibody (1:1000 dilution). The microtubule network was
visualized using a Nikon microscope using a PlanFluor 60×/1.3 objective, and images were taken using a Nikon DXM1200 digital camera. For semiquantitative analysis of microtubule organization, at least 10 microscope fields per condition were viewed using a Nikon DXM1200 digital camera, and microtubule organization in 50–60 cells per field was classified as normal or disrupted as described previously (Sponne et al., 2003; Fifre et al., 2006).

**Mice and surgical procedures**

**Mice.** Male C57BL/6 mice (12 weeks old) were purchased from Janvier Laboratories. Male mice aged 10 weeks and overexpressing the Swedish APP mutant, Tg (HuAPP695.K670N–M671L) 2576, and their wild-type (WT) littermates were purchased from Taconic (001349-T strain on the C57BL/6 × SJL background). Animals were housed five to six per cage with access to food and water ad libitum and were kept in a controlled environment (22 ± 1°C, 50 ± 5% humidity) with a 12 h light/dark cycle (lights on 7:30 A.M.) and assessed during the light phase.

**Surgery.** All surgical procedures were performed on anesthetized mice (ketamine–xylazine mix, 1 mg/10 g body weight, i.p.). The animal facilities and all animal procedures were approved by the Animal Care and Veterinary Committee of Meurthe-et-Moselle (Nancy, France).

**Alginate bead implantation.** C57BL/6 mice (n = 12 per group) were implanted at the age of 3 months with a single alginate bead containing 500–1,000 CNTF–C2C12 or control C2C12 cells using a stereotaxic device. In a control experiment, an empty alginate bead (containing no cells) was implanted using the same experimental procedure. Beads were implanted into the right ventricle (anteroposterior (AP), −0.22 mm; lateral (L), −1 mm; dorsal (D), +2.5 mm) or above the cornus amonis 1 (CA1) subfield of hippocampus (AP, +1.75 mm; L, −1.5 mm; D, +1.95 mm). Five-month-old Tg2576 mice (n = 8 per group) received two alginate beads per ventricle. Implantations were performed using a 5 μl Hamilton syringe (7000 Series Modified Microliter, knurled hub, 24 gauge needle; model 7105). Beads were injected in a total volume of 1 μl.

**Intracerebroventricular injection of soluble Aβ oligomers.** Soluble Aβ<sub>42</sub> oligomers were prepared as described above as stock solutions at the concentration of 0.5 mM in sterile 0.1 M PBS, pH 7.4, and aliquots were stored at −20°C until use. Three weeks after bead implantation, soluble Aβ<sub>42</sub> oligomers (50 pmol in 1 μl) or vehicle (saline) were injected into the left ventricle (from bregma: AP, −0.22 mm; L, +1.0 mm; and D, +2.5 mm). Injections were made using a 10 μl Hamilton microsyringe fitted with a 26 gauge needle as described previously (Youssef et al., 2008). Alternatively, male C57BL/6 mice (n = 12 per group) were injected intracerebroventricularly with hCNTF or vehicle. One week later, mice received an intracerebroventricular injection of 50 pmol Aβ<sub>1-42</sub> oligomers, as described previously (Youssef et al., 2008).

**Behavioral analysis**

**Y-maze test.** Immediate working memory performance was assessed by recording spontaneous alternation behavior in a Y maze as described previously (Sarter et al., 1988; Youssef et al., 2008). The maze was made of opaque Plexiglas, and each arm was 40 cm long, 16 cm high, and 9 cm wide and positioned at equal angles. Mice were placed at the end of one arm and allowed to move freely through the maze during a 5 min session. The series of arm entries were recorded visually, and arm entry was considered to be completed when the hindpaws of the mouse were completely placed in the arm. Alternation was defined as successive entries into the three arms on overlapping triplet sets. The percentage alternation was calculated as the ratio of actual (total alternations) to possible (defined as the number of arm entries minus two) alternations.

**Water-maze test.** The water maze was performed as described previously by Morris (1984). The experimental apparatus consisted of a circular water tank (diameter, 80 cm; height, 50 cm) containing water at 22°C to a depth of 25 cm and rendered opaque by adding an aqueous acrylic emulsion. A platform (diameter of 10 cm) was submerged 1 cm below the water surface and placed at the midpoint of one quadrant (Youssef et al., 2008). The pool was placed in a test room homogeneously brightened at 100 lux and containing various prominent visual cues on the walls. The swimming paths of the animals were recorded using a video tracking system. On days 3 and 4, navigation to a visible platform was performed before place navigation to evaluate visual and motor abilities of the animals. Mice were submitted to four trials per day with two trials in the morning and two trials in the afternoon and with an intertrial interval of at least 45 min. There was no additional maze cue in the room. The platform position and starting points were randomly distributed over all four quadrants of the pool. Mice that failed to find the platform after 60 s were guided to its location. Next, memory-acquisition trials (training) were performed four times daily during 5 consecutive days to reach a steady state of escape latency. The mice were allowed to swim freely for 60 s, left alone for an additional 30 s on the hidden platform, and then returned to the home cage during the intertrial interval. The intratrial intervals during four trials were 45 min. Start positions (set at each limit between quadrants) were randomly selected for each animal. In each trial, the time required to escape onto the hidden platform was recorded. Mice failing to find the platform within 60 s were placed on the platform for 10 s at the end of the trial. Memory-retention tests (probe trials) were performed 3 d after the last training session. The platform was removed, and each mouse was allowed a free 60 s swim. The number of crossings over the original platform point, the time required for the first crossing over, and the time spent in each of the four quadrants were measured by analyzing the video recordings.

**ELISA**

For Aβ measurements, a hemibrain region including cortex and hippocampus from Tg2576 mice were dissected, flash frozen in liquid nitrogen, homogenized, and extracted as described previously (McLaurin et al., 2006). Sandwich ELISAs were performed according to recommendations of the manufacturer. To quantify total Aβ<sub>1-40</sub> and Aβ<sub>1-42</sub>, the human Aβ<sub>1-40</sub> and Aβ<sub>1-42</sub> kits from Covance and Biosource, respectively, were used. To determine the concentration of hCNTF secreted from beads, triplicates of 10 beads were incubated in 500 μl of medium (DME, 10% FCS, 1×PS, 2×NEAA) for 48 h. The medium was harvested, and CNTF was measured using an ELISA kit for human CNTF (Quan-
tikine, Human CNTF; R & D Systems Europe). The amount of CNTF (picograms) secreted per bead in 24 h was calculated.

Statistical analysis
STATVIEW computer software was used for the statistical analysis. Data were obtained from three to five separate experiments with six determinations each. Differences between control and treated groups were analyzed using Student’s t test ( \( p < 0.05 \), ** \( p < 0.001 \)). Multiple pairwise comparisons among the groups of data were performed using ANOVA, followed by a Scheffe’s post hoc test \( ( p < 0.05 \) indicates significant differences between groups). For behavioral analysis, statistical comparisons were made by the Student’s t test, and one-way ANOVA was performed and followed by Fisher’s post hoc test. Values of \( p < 0.05 \) indicate significant differences between experimental groups. All reported values represent the mean ± SEM.

Results
C2C12 cell encapsulation and CNTF secretion
C2C12 myoblast cells continuously expressing hCNTF with or without a reporter gene (eGFP) were encapsulated in ultrapure alginate beads with high G content. Cell capsules (containing 500–1000 C2C12 cells) were intact and alive for >8 months in vitro as identified by fluorescein reporter gene expression (Fig. 1A). CNTF secretion from the capsules was measured at different time points in culture. The concentration achieved was estimated to 1-2 pg per 24 h per alginate bead. After an initial stabilization period (5–10 d), CNTF production from the encapsulated cells was constant throughout the time period (up to 8 months in vitro) (Fig. 1B, C).

CNTF rescues neurons from Aβ oligomer-induced degeneration in vitro
We have demonstrated previously that neuronal cell death induced by soluble Aβ oligomers proceeds through an apoptotic pathway involving an early cytoskeleton perturbation triggered by calpain and caspase activation (Pillot et al., 1999; Sponne et al., 2003; Fifre et al., 2006). The incubation of primary mouse neurons with 1 μM Aβ_{1-42} oligomers for 24 h resulted in a 38.4% decrease in cell viability (Fig. 2A). A 2 h preincubation with CNTF dose dependently protected neurons from Aβ oligomer-induced cell death. Complete proteolytic cleavage of caspase-related substrates. Data are means ± SEM of three independent experiments with four determinations each ( \( p < 0.05 \) ), representative immunoblots showing the inhibitory effects of CNTF on Aβ oligomer-induced caspase and calpain activation as well as decrease in MAP2 levels.

Figure 2. Secreted CNTF prevents Aβ oligomer-induced neurodegeneration in vitro. A, Mouse hippocampal and cortical neurons were preincubated for 2 h with CM from encapsulated CNTF cells containing the indicated CNTF concentrations or CM from encapsulated control cells in the absence or presence of anti-CNTF receptor antibodies (CNTF-Ab). Neurons were then treated for 24 h with vehicle or 1 μM Aβ_{1-42} oligomers. Cell viability was monitored using the MTT assay. Data are means ± SEM of three independent experiments with four determinations each, normalized to the effect of vehicle, designated as 100%. No significant differences were found between untreated cells and cells incubated with CM from encapsulated control cells, as well as between cells incubated with Aβ oligomers in the absence or presence of CM from control encapsulated cells (data not shown). B, Aβ oligomer-induced neurodegeneration is associated with neuronal cytoskeleton disruption (Sp (Sponne et al., 2003; Fifre et al., 2006). Seven DIV neurons were exposed for 12 h to 1 μM Aβ_{1-42} oligomers in the presence or absence of CM from encapsulated CNTF cells containing 1 nM CNTF. Cultures were fixed and immunostained for MAP2 to visualize dendrites. In the presence of CM alone, dystrophic changes including beading and fragmentation were rare. In contrast, Aβ oligomers induced a severe disruption of the cytoskeleton network that was markedly reduced in the presence of secreted CNTF. The presence of CM from encapsulated control cells did not prevent Aβ oligomer-induced cytoskeleton disruption. The Aβ-induced microtubule perturbations were quantified as described in Materials and Methods (Fig. 2B). Aβ oligomers induced a severe disruption of the cytoskeleton network that was markedly reduced in the presence of secreted CNTF. The presence of CM from encapsulated control cells did not prevent Aβ oligomer-induced cytoskeleton disruption. The Aβ-induced microtubule perturbations were quantified as described in Materials and Methods (Fig. 2B). Aβ oligomers caused a significant increase in apoptotic nuclei that was almost completely inhibited in the presence of secreted CNTF but not by the CM of encapsulated control cells. D, Cells were also exposed for 6 h to 1 μM Aβ_{1-42} oligomers, and caspase activation was monitored by measuring the proteolytic cleavage of caspase-related substrates. Data are means ± SEM of three independent experiments with four determinations each ( \( p < 0.05 \) ). E, Representative immunoblots showing the inhibitory effects of CM from encapsulated CNTF cells containing 1 nM CNTF on Aβ oligomer-induced caspase and calpain activation as well as decrease in MAP2 levels.
Stabilization of synaptic protein expression and activation of the PI3K and JAK/STAT signaling pathways by CNTF

Synaptic dysfunction is increasingly considered as an early event in AD pathogenesis (Selkoe, 2002). Indeed, it has been demonstrated recently that Aβ oligomers impair synaptic function through the alteration of both the level and localization of synapse-associated proteins (Almeida et al., 2005; Kelly et al., 2005). To address the mechanism involved in CNTF-induced neuroprotection against Aβ, we investigated the expression of synaptic proteins and signaling pathways activated by CNTF. The treatment of mouse neurons with Aβ_{1-42} oligomers (1 μM for 3 h) resulted in a dramatic decrease in the levels of the glutamate receptor subunit GluR1 and of PSD95 in synaptic membranes (Fig. 3A). We show that 1 nM CNTF prevented Aβ oligomer-induced decrease in synaptic proteins, whereas anti-CNTF receptor antibodies abolished the protective effects of CNTF on synaptic markers (Fig. 3A). CNTF has been demonstrated to activate multiple survival signal transduction pathways that require phosphorylation (Garza et al., 2008) and that are impaired by soluble Aβ oligomers (Florent et al., 2006). To determine the signaling pathways that can be activated and improved by 1 nM CNTF in mouse neurons exposed to Aβ oligomers, phosphorylation of Akt (Ser^{473}), CREB (Ser^{133}) and STAT3 (Tyr^{705}) was evaluated by immunoblot. Neurons exposed for 3 h to 1 μM Aβ_{1-42} oligomers in the presence of CM from encapsulated control cells exhibited a dramatic decrease in the level of phosphorylated forms of Akt, STAT3, and CREB, strongly suggesting that the corresponding survival pathways are impaired by Aβ oligomers (Fig. 3A). In contrast, the presence of CM from encapsulated C2C12–CNTF cells markedly inhibited the decrease in phosphorylation of all kinases tested (Fig. 3A) (for immunoblot quantification, see supplemental Fig. 1, available at www.jneurosci.org as supplemental material). Interestingly, CNTF-directed antibodies prevented the protective effects of CNTF on the survival signaling pathways (Fig. 3A) (supplemental Fig. 1, available at www.jneurosci.org as supplemental material). These data demonstrate that the PI3K/Akt and the JAK/STAT3 signaling pathways are recruited by CNTF in mouse neurons. Moreover, it is worth noting that activation of the CREB pathway was also preserved by exogenous CNTF in mouse neurons, strongly suggesting that CNTF maintains an efficient survival signaling, thereby preventing neuronal cell death. To further confirm that the PI3K/Akt signaling pathway mediates the action of CNTF on neuronal survival, cells were exposed to the widely used PI3K-specific inhibitor LY294002 [2-(4-morpholinoyl)-8-phenyl-1(4H)-benzopyran-4-one], followed by Aβ_{1-42} oligomer treatment. The pretreatment with LY294002 significantly reduced the neuroprotective effects of CNTF (Fig. 3B). Similarly, the presence of the STAT3 inhibitor curcubitacin I also reduced the CNTF effects (Fig. 3C).

CNTF specifically prevents neuronal death induced by Aβ oligomer but not by fibrillar form of Aβ

We next investigated the effects of CNTF on the neurotoxicity induced by fibrillar Aβ prepared as described previously (Sonne et al., 2004; Youssef et al., 2008). Under similar experimental conditions, CNTF failed to prevent neuronal death induced by fibrillar Aβ_{1-42} (Fig. 4B). This corroborates our previous data strongly suggesting that the cellular targets and the molecular mechanisms involved in neuronal death induced by Aβ strongly depend on peptide conformation (Pillot et al., 1999; Sonne et al., 2003, 2004; Kriem et al., 2005). Although pretreatment or concomitant application of CNTF with Aβ_{1-42} oligomers results in strong neuroprotection, the addition of CNTF after Aβ treatment (15 min up to 1 h) elicited no significant effects (Fig. 4C). Thus, CNTF neuroprotective effects most likely require direct CNTF-induced cell signaling and activated pathways.
CNTF rescues mice from Aβ oligomer-induced cognitive and synaptic impairment

We next investigated whether continuous delivery of CNTF in vivo could prevent AD-like symptoms resulting from acute exposure of mouse brain to soluble Aβ oligomers in a recently developed mouse model for mild cognitive impairment (Youssef et al., 2008).

Male C57BL/6 mice (n = 12 per group) were intracerebroventricularly implanted at the age of 3 months with one alginate bead containing 500–1000 C2C12–CNTF or control C2C12 cells, followed 3 weeks later by an intracerebroventricular injection of Aβ oligomers or vehicle. The cognitive performances of mice were monitored by Y-maze and water-maze behavioral tests as described previously (Youssef et al., 2008). Aβ1-42 oligomer-injected mice implanted with a C2C12–CNTF capsule exhibited significantly better cognitive capacities compared with animals grafted with a control capsule (Fig. 5). Indeed, CNTF delivery significantly improved spatial working memory (Fig. 5A), learning capability (Fig. 5B,C), and long-term memory (Fig. 5D–F) in Aβ oligomer-injected mice. Mice implanted with an alginate bead containing C2C12–CNTF cells were indistinguishable from animals engrafted with an alginate bead containing C2C12 control cells and injected with vehicle, indicating that CNTF alone does not interfere with cognitive performances. It is important to note that we were able to monitor in the animal an intact alginate bead containing living CNTF and eGFP-expressing cells 8 weeks after bead implantation (Fig. 5G).

The effects of CNTF delivery on behavioral performances could not be attributed to generalized exploratory, locomotor, or motivational effects (data not shown). Moreover, the water-maze task performed on days 3 and 4 after injection of Aβ with a visible platform failed to reveal any difference in visual and motor abilities between all groups (data not shown). Similar behavioral improvement was also observed when CNTF-encapsulated cells were implanted above the CA1 subfield of hippocampus (data not shown). Moreover, CNTF-mediated improvement of cognitive functions could not be attributed to nonspecific interactions of Aβ oligomers with the alginate bead because implantation of empty capsules under similar experimental conditions had no impact on Aβ oligomer-induced cognitive impairment (supplemental Fig. 2, available at www.jneurosci.org as supplemental material). Interestingly, animals implanted with empty capsules or with capsules containing control C2C12 cells exhibited similar behavioral performances after intracerebroventricular injection of vehicle or Aβ oligomers (Fig. 5) (supplemental Fig. 2, available at www.jneurosci.org as supplemental material).

Because alginate capsule containing 500–1000 C2C12–CNTF cells secreted low amounts of CNTF (Fig. 1C), we were unable to detect CNTF by ELISA in the CSF or brain tissues of implanted animals (data not shown). To confirm that CNTF is the responsible agent, we directly infused CNTF 1 week before intracerebroventricular injection of Aβ oligomers. Whereas the intracerebroventricular injection of 10 pmol of CNTF had no effect on Aβ oligomer-induced cognitive deficits (data not shown), the intracerebroventricular injection of a higher dose of CNTF (1 nmol of CNTF) clearly protected mice from Aβ-induced impairment of short-term memory [76 ± 3.8 and 58 ± 4.1% (p < 0.05)] alternation for mice intracerebroventricularly injected with Aβ oligomers in the presence and absence of CNTF, respectively) and long-term memory (supplemental Fig. 3, available at www.jneurosci.org as supplemental material). Together, our data strongly support the notion that the rescuing activity of implanted alginate beads might be attributed to released CNTF.

In summary, we clearly show that short- and long-term memory deficits induced by a single injection of Aβ oligomers can be fully reverted during local CNTF delivery.

CNTF prevents changes in hippocampal synaptic protein expression in vivo

Synaptic failure resulting from the interaction of Aβ oligomers with synaptic terminals presumably represents a morphological correlate of the progressive impairment of cognitive function and is considered as an early event in AD pathogenesis (Yankner and Lu, 2009). Here, we show that CNTF-mediated improvement of cognitive functions was accompanied by the preservation of synaptic protein levels in the hippocampus of engrafted animals. After Aβ oligomer injection, synaptosome-associated protein levels in the hippocampus were significantly decreased. Both presynaptic and postsynaptic proteins were affected, including

Figure 4. Protective effects of CNTF on Aβ oligomer (but not Aβ fibril)-induced neurodegeneration. A, Representative micrographs on mouse neurons treated for 12 h with 1 μM Aβ1-42 oligomers in the absence or presence of conditioned medium from encapsulated C2C12SMM or C2C12STM cells containing 10 nm CNTF. B, Mouse neurons were incubated for 24 h with 5 μM fibrillar Aβ1-42 in the presence or absence of 10 nm CNTF, and cell viability was assessed using the MTT assay. No significant differences were found between the different groups. C, Cells were treated for 24 h with 1 μM Aβ1-42 oligomers in the absence or presence of 1 nm CNTF added at the same time or up to 60 min after the addition of Aβ oligomers. Cell survival was monitored by the MTT assay. Data are means ± SEM of three independent experiments with four determinations each, normalized to the effect of vehicle, designated as 100%. Values of p < 0.05 indicate significant differences.
PSD95, GluR1, GluR2/3, SNAP25, and synaptophysin (Fig. 5H). In contrast, CNTF delivery completely prevented the Aβ oligomer-induced decrease in synaptic proteins. This observation was confirmed by immunoblot quantification (Fig. 5I). Interestingly, the levels of all synaptic proteins tested were indistinguishable in animals engrafted with C2C12–CNTF cells and injected with vehicle or Aβ oligomers compared with mice receiving C2C12 control cells, followed by vehicle injection (Fig. 5H, I). Together, these data clearly demonstrate that continuous delivery of CNTF directly protects hippocampal synapses by maintaining stable protein levels.

Engrafted CNTF-producing cells inhibit cognitive impairment in mutant APP-expressing Tg2576 mice

We next examined whether CNTF delivery influences synaptic and neuronal degeneration in a transgenic mouse model reflecting the progressive nature of AD pathology. The Tg2576 transgenic mice express human amyloid precursor transgene (APP695) bearing missense mutations that cause AD in humans (HuAPP695.K670N–M671L). Four alginate capsules containing C2C12–CNTF (n = 15, TgCNTF mice) or C2C12 control cells (n = 16, TgCTRL mice) were bilaterally intracerebroventricularly injected with vehicle or Aβ oligomers. Survival of encapsulated eGFP–CNTF–C2C12 cells was verified at 8 weeks after implantation. Microscopic observation of freshly dissected brain showed the presence of an intact capsule containing living cells. After behavioral tests, hippocampal synaptosomes were prepared as described in Materials and Methods and analyzed by immunoblot. Representative immunoblots of synaptic hippocampal proteins of mice implanted with alginate beads containing control or CNTF–C2C12 cells and intracerebroventricularly injected with vehicle or Aβ oligomers. Densitometric analysis of immunoblots was performed with normalization to actin. Data are presented as means ± SEM of three separate immunoblots (n = 6 mice per group). *p < 0.05 indicate significant differences between animals injected with Aβ in the presence of control or CNTF beads.

Figure 5. Continuous CNTF secretion prevents cognitive and synaptic impairments in Aβ oligomer-infused mice. A, The Y-maze tests were performed 4 d after Aβ oligomer or vehicle injection, and spontaneous alternation behavior was measured during a 5 min session as previously described (Youssef et al., 2008). The number of arm entries did not differ among the different groups of mice (data not shown). The water-maze tests were performed as described previously (Youssef et al., 2008). The training trials were performed on days 7–11 after Aβ or vehicle injection. The latency showed the mean of a block of four trials per day. Escape latency (B) and cumulated total latency in training days (C) were recorded. The probe trial was performed on day 14 after Aβ or vehicle injection. The number of crossings over the platform site (D), the percentage of time spent in the platform quadrant (E), as well as the time required for the first crossing over the platform site (F) were recorded. All data are presented as means ± SEM (n = 11). All mice showed normal swimming performance and constant increase in body weight. It is worth noting that similar protective effects of CNTF have been observed when alginate beads were implanted in the subhippocampal region of mouse brain (data not shown). G, Survival of encapsulated eGFP–CNTF–C2C12 cells was verified at 8 weeks after implantation. Microscopic observation of freshly dissected brain showed the presence of an intact capsule containing living cells. H, After behavioral tests, hippocampal synaptosomes were prepared as described in Materials and Methods and analyzed by immunoblot. Representative immunoblots of synaptic hippocampal proteins of mice implanted with alginate beads containing control or CNTF–C2C12 cells and intracerebroventricularly injected with vehicle or Aβ oligomers. I, Densitometric analysis of immunoblots was performed with normalization to actin. Data are presented as means ± SEM of three separate immunoblots (n = 6 mice per group). *p < 0.05 indicate significant differences between animals injected with Aβ in the presence of control or CNTF beads.

Garcia et al. • CNTF Neuroprotection in AD Mouse Models
Finally, Tg\textsuperscript{CNTF} mice showed marked improvement of search strategy, with greater swimming around the platform location (data not shown). Weight loss, a possible side effect of growth factor delivery in the CNS, did not occur (2.3 and 2.1% gain in Tg\textsuperscript{CNTF} and Tg\textsuperscript{CTRL}, respectively). The CNTF-dependent protection of cognitive functions in Tg\textsuperscript{CNTF} mice could not be attributed to nonspecific effects on cognition. Indeed, CNTF delivery in the brain of nontransgenic animals had no effect on the performance of littermate mice at any age (Fig. 6D,E). Thus, CNTF was able to halt cognitive deterioration in an AD mouse model undergoing a progressive deterioration of behavioral performances.

**Molecular mechanisms involved in therapeutic effects of CNTF in Tg2576 mice**

Synaptic pruning is a feature of both human AD and of AD-like insults in Tg2576 mice. This presumably reflects a chronic exposure of synaptic terminals to soluble Aβ oligomers representing a morphological alteration that correlates with cognitive impairment in these mice. CNTF-induced functional improvement of cognitive functions in transgenic mice was associated with a significant increase in hippocampal presynaptic and postsynaptic proteins, whereas no change was observed in cortical synaptosomes (Fig. 7A–C). Indeed, CNTF delivery induced a significant recovery of AMPA receptor (i.e., GluR1 and GluR2/3) and their associated proteins PSD95 and stargazin, as well as synaptophysin, a marker of synaptic density (Fig. 7A,B). In addition, the levels of synaptic proteins were positively correlated with the performances of mice in the water-maze probe trials as illustrated in Figure 7D for GluR1, thus allowing discrimination between Tg\textsuperscript{CNTF} and Tg\textsuperscript{CTRL} mice.

To characterize the signaling pathways involved in CNTF-induced neuroprotection in Tg\textsuperscript{CNTF} mice, we analyzed by immunoblot the hippocampal levels of phosphorylated forms of STAT3 and JAK-1 proteins. In Tg\textsuperscript{CNTF} mice, the levels of P-JAK-1 and P-STAT-3 were significantly higher, thereby maintaining the cell signaling related to CNTF receptor or CNTF–C2C12 (Tg\textsuperscript{CTRL} or WT\textsuperscript{CTRL}) cells as described in Materials and Methods. Short-term memory was monitored monthly using the Y-maze test as indicated (A). At 9 months of age, learning capacities and long-term memory were measured using the water-maze test. The training trials were performed, and the mean latency of a block of four trials per day was calculated (B). During the probe trials, the time required for the first cross over the platform site (C), the number of crossings over platform site (D), as well as the percentage of time spent in the platform quadrant (E) were recorded. All data are presented as means ± SEM (\(p < 0.05\) indicates significant differences between Tg\textsuperscript{CTRL} and Tg\textsuperscript{CNTF} mice). Tg\textsuperscript{CTRL} mice and WT\textsuperscript{CTRL} or WT\textsuperscript{CNTF} were not statistically different. WT\textsuperscript{CTRL} and WT\textsuperscript{CNTF} were not statistically different and exhibited similar cognitive performances compared with untreated wild-type mice (data not shown). All mice showed normal swimming performance and had no difference in body weight gain during the entire experimental period.

with Tg\textsuperscript{CTRL} mice. The performances of WT\textsuperscript{CNTF} mice were not different from that of Tg\textsuperscript{CNTF} mice, nor did the number of arm entries change significantly in the different experimental groups (data not shown). This indicated that preservation of alternation behavior in Tg\textsuperscript{CNTF} mice was not attributable to generalizable exploratory, locomotor, or motivational effects (Sarter et al., 1988). Spatial learning and memory were then tested in the water maze on 9-month-old transgenic mice (Fig. 6). Over five successive daily blocks of trials, significant amelioration of spatial memory deficits were observed in Tg\textsuperscript{CNTF} mice compared with Tg\textsuperscript{CTRL} mice (Fig. 6B). Again, the performances of implanted littermates were not different from that of Tg\textsuperscript{CNTF} mice (data not shown). Furthermore, CNTF delivery completely preserved long-term memory on all three measures of water-maze performances. Indeed, latency on test trials (Fig. 6C), platform crossings (Fig. 6D), and time spent in the target quadrant (Fig. 6E) were not significantly different in Tg\textsuperscript{CTRL} and WT\textsuperscript{CTRL} mice.

**Discussion**

Modulation of the amyloid pathology represents a key therapeutic target to delay AD. In addition to strategies designed to decrease Aβ levels (Klafki et al., 2006), successful AD therapeutics
will likely require the concomitant application of neuroprotective agents to stop ongoing synaptic and cognitive deterioration (Longo and Massa, 2004). It is clear that Aβ oligomers disrupt synaptic functions, leading to altered cognitive performances (Rowan et al., 2007; Yousef et al., 2008). Therefore, protection from the synaptotoxicity of Aβ oligomers is necessary to prevent AD-associated neurodegeneration. The broad neuroprotective activity of CNTF toward different cytotoxic insults (Hagg, 2009) prompted us to study the potency of CNTF in preventing synaptic degeneration induced by Aβ oligomers in AD mouse models.

Here, we provide strong evidence that local and long-term delivery of low-dose CNTF prevents Aβ oligomer-induced synaptic impairment and subsequent cognitive deficits in AD models submitted to acute or chronic exposure to Aβ oligomers. This approach was based on the observation that CNTF protects neurons from Aβ oligomer-induced degeneration in vitro. Indeed, CNTF prevents Aβ oligomer-induced decrease of synaptic proteins, impairment of cell signaling, and cytoskeleton breakdown, as well as the subsequent activation of apoptotic events. Accordingly, CNTF prevents cognitive alterations in mice challenged with a single injection of Aβ oligomers, a mouse model of early cognitive impairment associated with AD (Youssef et al., 2008). The beneficial effect was observed with continuous low-dose delivery of CNTF, as well as with a high dose (1 nmol) of CNTF injection. We were unable to detect CNTF in the CSF or in brain extracts at neither early nor late time points after capsule implantation. This is most likely explained by the fact that a single capsule was implanted and the concentration of released CNTF (1-2 pg/bead per day) is below the detection limit of the ELISA kit (~20 pg/ml). However, we provide evidence that implanted capsules contain living cells even 8 weeks after implantation (Fig. 5G). Because NTFS exert their effects at low concentrations (picomolar range), the inability to detect CNTF does not mean that it is not released and active in this concentration range. In this respect, it should be noted that the low CNTF concentration achieved may be considered an advantage because it circumvents potential major side effects of increased CNTF levels (Kishima et al., 2004; Yashara et al., 2005).

Remarkably, this was associated with stabilization of synaptic-associated proteins in the hippocampus of Aβ oligomer-injected mice. We further show that CNTF delivery improves AD-like phenotype in an APP transgenic mouse used as a robust and clinically highly relevant model of AD (Mucke et al., 2000). Finally, we provide evidence that in vitro and in vivo CNTF-induced synaptic stabilization and neuronal survival are mediated through the JAK/STAT and PI3K signaling pathways. We could not detect hCNTF (by ELISA) in both the CSF and brain tissues of implanted mice (data not shown), which most likely reflects its low level of secretion and/or its rapid diffusion into the parenchyma, as described previously for brain glial cell line-derived neurotrophic factor delivery using encapsulated cells (Kishima et al., 2004). Nevertheless, we could demonstrate the presence of intact capsules containing living eGFP-expressing cells even at 8 months after alginic bead implantation in Tg2576 mice (data not shown). We show here that, despite the low doses of trophic factor delivered, CNTF-producing encapsulated cells implanted in two AD mouse model induced a recovery of cognitive performances. This represents a promising therapeutic approach for AD, providing a major alternative and/or complementary strategy to amyloid-modifying therapeutics.

Tg2576 mice, expressing the Swedish mutation of hAPP, are the most thoroughly characterized AD mouse model and can be considered as “diseased mice” long before amyloid pathology (i.e., appearance of amyloid plaques) occurred (Hsiao et al., 1996; Westerman et al., 2002). Whereas Aβ plaques appear after 8–9 months (Kawarabayashi et al., 2001), these mice exhibit progressive cognitive decline starting at the age of 4 months, probably reflecting synaptic pruning attributable to chronic synaptotoxic effects of Aβ oligomers (Kawarabayashi et al., 2004; Young et al., 2009). Accordingly, 5- to 8-month-old Tg2576 mice are often used as a model of mild cognitive impairment. When treatment was initiated at the end of the prodromal phase (i.e., at the age of 5 months), CNTF stabilized molecular, synaptic, and behavioral parameters of Tg2576 mice. Interestingly, CNTF treatment affected neither the quantity of synaptosomal APP nor the amount of Aβ peptide produced in the brain, indicating that CNTF-
induced protection in this model occurs independently of amyloid pathology.

As reported previously with membrane cholesterol (Sonne et al., 2004) and docosahexaenoic acid status (Florent et al., 2006), CNTF had no protective effects on fibrillar Aβ-induced neuronal death. These observations strongly suggest that the cellular response depends on Aβ peptide structure. These data have been corroborated by several studies underlying differential effects of soluble oligomeric and fibrillar Aβ structures on cell activation and/or degeneration (Dahlgren et al., 2002; Kim et al., 2003; White et al., 2005). Because fibrillar Aβ also impaired the JAK-1/STAT3 and PI3K signaling pathways (data not shown), it is likely that fibrillar Aβ induced neuronal degeneration and death through major pathways that are not targeted by CNTF. Indeed, whereas neuronal degeneration induced by Aβ oligomers involves a caspase 8-independent pathway, cell death triggered by fibrillar Aβ clearly involves the activation of caspase 8 (Pillot et al., 1999; Sonne et al., 2003; Fifre et al., 2006). Together, these data suggest that the design of AD therapeutics must take into account the structure of the Aβ peptide that is to be targeted.

Here, we provide evidence that the neuroprotective effects of CNTF in vitro and in vivo involve the JAK-1/STAT3 and PI3K signaling pathways. In addition, it has been well documented that CNTF could modulate brain plasticity by promoting neurogenesis (Emsley and Haag, 2003; Chen et al., 2007; Yang et al., 2008; Müller et al., 2009). Whether prevention of AD phenotype resulting from continuous CNTF delivery in TgC19 mice involves enhanced neurogenesis requires additional investigation. Although it is unlikely that CNTF could “cure” AD at advanced stages of neuronal loss, our data strongly suggest that CNTF delivery can prevent synaptic and neuronal degeneration and halt cognitive decline.

Although potent effects with several NTFs have been reported in animal models, clinical studies did not keep up the promise, most likely because of poor delivery of the therapeutic factor to the site of interest (Thoenen and Sendtner, 2002). NTFs do not pass the blood–brain barrier, have very short half lives, and can induce severe side effects when applied systemically. One way to overcome these hurdles is with cellular implants genetically modified ex vivo to produce and deliver NTFs directly into the CNS (Tuszinski, 2007). Cell encapsulation using alginate bead technology eliminates the need for chronic immunosuppression of the host and provides safe and long-term drug release.

Indeed, ex vivo gene therapy designed to increase the concentration of neuroprotective factors in the brain resulted in therapeutic improvement in several preclinical models of neurodegenerative diseases (Hemming et al., 2007; Spencer et al., 2008). Such approaches have also been investigated in clinical trials and have demonstrated significant benefits for patients (Tobias et al., 2003; Tuszinski et al., 2005; Sieving et al., 2006). For clinical use, NTF administration must be delivered centrally in appropriate quantities to effectively stimulate neurons over a prolonged time period and to avoid intolerable side effects (Nagahara et al., 2009). A recent study showed that a transducible form of CNTF rescued mice from infused fibrillar Aβ (Qu et al., 2008). However, the doses of CNTF were high (i.e., 100 µg·kg\(^{-1}\)·d\(^{-1}\)), and only short-term treatment effects were investigated. Currently, no data are available concerning the potential toxic effects of long-term and peripheral administration of high doses of this compound. Peripheral administration of CNTF is likely to induce inadequate stimulation of nontargeted systems (Tuszinski, 2007). Thus, the use of encapsulated cell implants provides the advantages of in situ targeted production of NTFs, therefore reducing the dose requirement.

It has been suggested that intraventricular infusions of NTFs fail to reach most neurons, thereby limiting this strategy of delivery and favoring an intraparenchymal delivery (Kordover et al., 1999). Interestingly, our experiments demonstrated similar efficacy of CNTF through engraftment of CNTF-secreted cells in the lateral ventricle or in the subhippocampal region. Thus, as recently described for BDNF delivery using lentiviral expression (Nagahara et al., 2009), our CNTF delivery approach could be scaled up to the size of human brain, broadly increasing the resistance of neurons throughout hippocampus and associated cortical areas during CNTF diffusion and/or transport.

In summary, our findings clearly demonstrate that continuous in situ delivery of CNTF through implantation of alginate microcapsules abolishes synaptic and behavioral impairments in mouse models of AD. The potency of CNTF presented here provides a rational for exploring its clinical efficiency. Finally, long-lasting in situ delivery to maintain appropriate levels of neuroprotective factors during and shortly after the prodromal phase in AD patients warrants additional investigations as a potential nonviral therapeutic approach to delay this devastating disease.

References


